

NEW ENGLAND
INTERCOLLEGIATE AMATEUR
ATHLETIC ASSOCIATION



2026 TRACK & FIELD
CHAMPIONSHIPS
PARTICIPANT MANUAL

Easton, MA- Stonehill College, Host



OUTDOOR CHAMPIONSHIPS- 2026

Welcome to the 2026 NEICAAA Outdoor Track & Field Championships, hosted at Stonehill College in Easton, Massachusetts. We are honored to welcome the student-athletes, coaches, officials, and institutions who have earned the opportunity to compete on this historic stage.

For more than 130 years, the New England Intercollegiate Amateur Athletic Association (NEICAAA) has promoted high-level intercollegiate competition in cross country and track & field across the New England region. As the sponsor of three annual championship events—Cross Country, Indoor Track & Field, and Outdoor Track & Field—NEICAAA has helped shape generations of athletes, including NCAA champions, Olympians, and Boston Marathon winners. The New England Track & Field Championships, first held in 1887, stand proudly as the second-oldest track meet in the United States, a testament to the region's deep and enduring commitment to the sport.

This year's Outdoor Championships, held May 8–9, 2026, continue that tradition of excellence. Stonehill College, the NEICAAA Executive Committee, event staff, and volunteers are committed to providing a championship experience that reflects the association's rich history—competitive, organized, athlete-centered, and grounded in New England pride.

We hope you find inspiration in the legacy you are now part of and wish every team success throughout the championship weekend.



OUTDOOR CHAMPIONSHIPS- 2026

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OUTDOOR CHAMPIONSHIPS- 2026

GENERAL INFORMATION

Monday April 20

Meet Opens up In Direct Athletics

Monday, May 4

9 PM EST. Entries close on Direct Athletics

10 PM EST Performance Lists will be released Immediately following

Wednesday, May 6

10 PM EST. Scratch Window Closes

Thursday, May 7

10 AM EST. Seeding/Games Committee Meets

Entry Information

All Entries must be submitted through Direct athletics, no later than 9:00pm on Monday May 10th. <https://www.directathletics.com>

Provisional entries

Provisionally qualified athletes will be accepted if the field is not full in any event with automatic qualifiers. 32 athletes for running events and 24 athletes in the field events.

Fees & Membership Dues

Membership Dues All member institutions must be current with NEICAAA annual dues prior to entering the championship.

- \$300 per gender (Men's program = \$300, Women's program = \$300)
- Institutions sponsoring both genders are responsible for \$600 total
- Dues must be paid in full before entries will be accepted

Entry Fees

All accepted entries into the championship will be assessed the following fees:

- \$20 per accepted individual event entry
- \$50 per accepted multi-event entry



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Scratches & Late

All athletes entered in an event, must compete. If an athlete is unable to compete and must scratch an event it will be considered a meet scratch and they will be unable to compete in the remaining events in the meet, including relays.

Fees Any scratches made after the official scratch deadline has closed will still incur the applicable acceptance fee:

- \$20 for individual events
- \$50 for multi-events

This policy applies because the athlete occupied a confirmed entry position at the time the field was finalized

Awards

Individual Awards- Top 3 athletes per event will received medals, Top 8 athletes in each event will received an All NEICAAAA certificate. (do we add in here where/when we will do the awards..following the event..ect..)

Team Awards- Top 3 teams will be announced in the ceremony following the meet, and receive a team plaque.

Seeding

All Events will follow NCAA rules for seeding and advancement to finals.

Preferred Lanes:

Straightaway Races: 5-4-6-3-7-2-8-1 T

Oval Races: 5-6-4-3-7-2-8-1

Field Events Venues

Long Jump & Triple Jump Runways

Stonehill College provides two identical horizontal jumps runways, each equipped with permanent takeoff boards for long jump and triple jump. Both runways will be available for practice and competition.

Long Jump Takeoff Board:

- 8 ft board (standard placement)

Triple Jump Takeoff Boards:

- 30 ft board
- 34 ft board
- 40 ft board

Board Usage:

- Women: 30 ft & 34 ft
- Men: 34 ft & 40 ft



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Protest Procedure

Track and/or Field protests must be submitted within 15 minutes of official results being posted and announced. All protests must be submitted on an official Protest Form that will be available at the head officials table. All protests will be reviewed by the head official. Appeals of head officials' ruling will be heard by members of the Jury of Appeals. A \$100 fee will be collected for all appeals. This fee will be refunded if the head officials' ruling is overturned. Official pictures (from the timing system computers) for events under protest will be viewed only by the head officials. The coach involved may view the picture only if consent is given by the official.

Check In:

Check in for events will start 90 min prior to the event and will finish 30 min prior to the event taking place.

Opening Heights

Opening heights will start one height lower than the current qualifying standard, however should the field not be filled the opening height will be determined based on the entries received.

Weigh-In's

Implements should be brought to the weigh-in area more than 90 minutes ahead of the event. Implements will be impounded in the weigh-in area and brought to the competition area prior to each event.

Scoring

Team scores will be tallied as the events occur throughout the day, Scoring for the men's and Women's championship is to eight places (10, 8, 6, 5, 4, 3, 2, 1)

Scoring

Live Results will be available at www.lancertiming.com



OUTDOOR CHAMPIONSHIPS- 2026

Stonehill College

Friday May 8, 2026

Schedule may be adjusted after scratches and seeding are completed

12:00 Heptathlon- 100HH

12:10 Decathlon- 100m

12:00 Javelin Men then Women

12:00 Hammer women then men Estimated men start at 2 finish at 4

12:00 PV. Women then men

12:35- Heptathlon High Jump

12:45- Decathlon Long Jump

1:45- Decathlon SP

2:05- Heptathlon SP

2:45- Decathlon HJ

3:10- Heptathlon 200

4:15 Decathlon 400

4:30- 5k Women then Men

5:15- 10k Women then Men

Saturday, May 9, 2026

Field

11:00 Men's + Women's Long Jump

11:00 Men's Shot Put, Women's Discus

Est 1:30 Women's Shot Put, Women's Discus (after conclusion of M shot and W discus)

Est- 1:30 Men + Women Triple Jump after conclusion of Long Jump

11:00 Women's High Jump

Est Men at 1:30 (after conclusion of Women's)

Decathlon

10:00 110HH

10:35- Discus

11:40 Polevault

1:05 Javelin

2:05- 1500

Heptathlon

10:00 Long Jump

11:00 Javelin

12:10 800m



OUTDOOR CHAMPIONSHIPS- 2026

Stonehill College

Saturday, May 9, 2026

Track - Schedule may be adjusted after scratches and seeding are completed

10:00- Decathlon 110HH

11:30- Women's 3k Steeplechase

11:50- Men's 3k Steeplechase

12:10- Women's 4x100

12:15- Men's 4x100

12:30- Women's 1500

12:50- Men's 1500

1:15- Women's 100m HH

1:30- Men's 110m HH

1:45- Women's 100

1:55- Men's 100

2:05- Women's 400

2:15- Men's 400

2:30- Women's 800

2:50- Men's 800

3:05- Men's 110HH Final

3:15 Women's 100HH Final

3:20- Men's 100 Final

3:25 Women's 100 Final

3:40- Women's 400IH

4:00- Men's 400IH

4:20- Women's 200

4:30- Men's 200

4:45- Women's 4x800

5:00- Men's 4x800

5:15- Women's 4x400



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WOMEN'S OUTDOOR STANDARDS

<u>2026 WOMEN'S OUTDOORS</u>	
EVENT	PROPOSED 2026 STANDARD
100M	12.25
100M HH	14.98
200M	25.25
400M	58
400 IH	1:05.20
800M	2:14.75
**1500M (Mile)	4:39.00 (5:01.32)
STEEPLE	11:30.24
5000M	17:50.00
10000M	40:24.24
4X1	TOP 32 DECLARED
4X4	TOP 32 DECLARED
4X8	TOP 32 DECLARED
LJ	5.65m
TJ	11.55m
HJ	1.68m
PV	3.60m
SP	12.80m
HT	49.00m
DT	40.00m
JT	39.00m
Heptathlon	Top 12



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MEN'S OUTDOOR STANDARDS

<u>2026 MEN'S OUTDOORS</u>	
EVENT	PROPOSED 2026 STANDARD
100M	10.88
100M HH	15.1
200M	22.1
400M	49.24
400 IH	55.24
800M	1:53.4
**1500M (Mile)	3:54.2
STEEPLE	9:42.8
5000M	14:58.00
10000M	32:35.00
4X1	TOP 32 DECLARED
4X4	TOP 32 DECLARED
4X8	TOP 32 DECLARED
LJ	6.98m
TJ	14.00m
HJ	1.98m
PV	4.55m
SP	15.40m
HT	52.50m
DT	45.11m
JT	58.25m
Decathlon	Top 12



OUTDOOR CHAMPIONSHIPS- 2026

2026 NEICAAA (NEWICCTFA) Outdoor Track & Field Championships

Meeting Records

Women

100m	11.34 [-3.0]	Ada Udaya (New Haven)	5/10/2014
200m	23.48 [-2.9]	Ada Udaya (New Haven)	5/10/2014
400m	51.83	Carly Muscaro (Merrimack)	5/09/2015
800m	2:06.45	Heather MacLean (UMass Amherst)	5/09/2015
1500m	4:14.25	Jennifer Lancot (Boston University)	5/09/1992
3000m SC	10:02.53	Laura Rose Donegan (New Hampshire)	5/13/2017
5000m	16:03.6h	Judi St. Hilaire (Vermont)	5/11/1980
10,000m	35:13.73	Karen Dunn (New Hampshire)	5/01/1982
100mH [+1.1]	13.36Q [1h4]	Jada Jones (Harvard)	5/13/2022
400mIH	58.13	Allison Poulin (New Hampshire)	5/08/1993
4x100mR	45.87	Southern Connecticut State University (Dardielle Exantus – Anna Sashia Jones – Kisha Francois – Ella MacLean)	5/13/2023
4x400mR	3:40.84	Southern Connecticut State University (Georgette Nixon 56.7 – Adriana Carrasco 55.7 – Crystle Hill 55.7 – Shatajah Wattely 52.74)	5/09/2015
4x800mR	8:56.54	UMass Amherst (Courtney Neves – Katie Powers – Bridget Deveau – Heather MacLean)	5/09/2015
HJ	1.81 5-11 ¼	Julie White (Boston University)	5/11/1980
PV	4.11 13-5 ¾	Chloe Taylor (UMass Amherst)	5/10/2025
LJ	6.36 20-10 ¾ [+1.2]	Viktoriya Rybalko (Maine)	5/10/2003
TJ	12.84 42-01 ½ [NWI]	Karen Phillips (Boston University)	5/08/1993
SP	15.94 52-03 ¾	Sandy Burke (Northeastern)	5/17/1981
DT	54.70 179-05	Estel Valeanu (Harvard)	5/13/2023
HT	62.50 205-01	*Destiny Coward (Southern Connecticut)	5/13/2017
JT	48.96 160-07	Samantha Moravsky (Hartford)	5/14/2021
Pentathlon	5,450 points	Tiana Riel (Boston College)	5/9-10/2008 (100mH, 14.59 [-1.1] 897 pts – HJ, 1.68 5-06, 830 pts – SP, 11.49 37-8 ½, 627 pts – 200m, 24.72 [+3.0], 913 pts <3267 pts/day 1> – LJ, 5.83 19-1 ½ [?], 798 pts – JT, 35.82 117-06, 587 pts – 800m, 2:21.89, 799 pts <2184 pts/day 2>)



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2026 NEICAAA Outdoor Track & Field Championships Meeting Records Men

100m	10.27 [+1.6]	LJ Raye (University of Rhode Island)	5/10/2025
200m	20.68 [+1.3]	Ashhad Agyapong (Rhode Island)	5/12/2007
400m	46.19	Trinity Gray (Brown)	5/16/1998
800m	1:48.1y	Mark Lech (Northeastern) [=1:47.5m]	5/15/1977
1500m	3:41.46	Bill Mullaney (Providence)	5/12/1990
3000m SC	8:38.5	Bruce Bickford (Northeastern)	5/13/1979
5000m	13:58.80	Elias Lindgren (Williams)	5/12/2023
10,000m	29:14.74	Sam Wilbur (Dartmouth)	5/12/1995
110mH	13.87 [-0.4]	Peter Coghlan (Yale)	5/16/1998
400mIH	50.5h [440y]	David Hemery (Boston University) [=50,65m]	5/25/1968
	50.66	Bob Danville (Boston University)	5/16/1982
4x100mR	40.56	Northeastern	5/11/1985
		(John Ndukwu – Billy McCoy – Lonnie Hooker – Arthur Allen)	
4x400mR	3:08.89	Rhode Island	5/10/2014
		(Jalen Young 47.1 – Jared Gray 48.2 – Keeba Nasso 47.0 – Anthony Davidson 46.6)	
4x800mR	7:26.63	New Hampshire	5/09/2015
		(Kevin Greene 1:51.8 – Christopher Poggi – 1:53.0 - Steven Souza 1:53.9 – Drew Piazza 1:47.8)	
HJ	2.19 7-02 ¼	Joe Patrone (Rhode Island)	5/16/1982
PV	5.30 17-04 ½	Craig Hunter (Connecticut)	5/10/2014
LJ	7.92 26-00 [NWI]	Fred Salle (Boston University)	5/10/1985
TJ	16.10 52-10 [NWI]	Duane Carlisle (Boston University)	5/11/1985
SP	19.67 64-06 ½	Turner Kelly (Southern Connecticut State)	5/14/2022
DT	59.30 194-07	Art McDermott (Boston University)	5/13/1984
HT	71.78 234-06	Declan Hegarty (Boston University)	5/13/1983
JT	78.60 257-10	Jordan Davis (Southern Connecticut State)	5/10/2024
Decathlon	7,417 points	Kristopher Horn (UMass Amherst)	5/12-13/2017
		(100m, 11.20 [+2.3] 817 pts – LJ, 7.18 23-6 ¾ [0.9] 857 pts – SP, 13.72 45-00 ¼, 711 pts – HJ, 2.11 6-11, 906 pts – 400m, 50.48, 793 pts <4084 pts/day 1> - 110mH, 15.59 [+2.3] 780 pts – PV, 4.35 14-3 ¼ , 716 pts – DT, 34.03 111-7, 544 pts – JT, 51.95 170-5, 617 pts – 1500m, 4:40.63, 676 pts <3333 pts/day 2>)	